

EVENTS OF INTEREST
IN SOCIAL CIRCLES

WOMAN AND THE HOME

DOMESTIC HELPS AND
AIDS TO HOUSEWIVES

The Young Lady Across the Way



We asked the young lady across the way if she thought vivisection was ever justifiable and she said not unless the poor creature was already dead.

CONVINCING.

(Boston Herald.)
Every village butcher knows why New England no longer raises her beef and mutton on her own hills—at least every village butcher to whom a western packer has whispered: "Mine only, or none!"

EPIQUEURAN APPROVAL.

(Exchange.)
"How are you getting on with your garden?"
"First rate," replied Mr. Crossroads. "Raised anything good to eat?"
"I should say so. Why, the neighbors' chickens simply can't wait for the stuff to get ripe!"

Easy & Practical
Home Dress Making
Lessons

Prepared Specially for This Newspaper
By Pictorial Review



Little Coat of Blocked Silk



Coat of black and white silk with revers of white and collar of black. If desired double capes may be added to meet the demands of a popular fashion.

Taffeta of black or checked designs

for small girls. The latest fad in trimming is to make the revers of white faille or cloth and the collar of black velvet. It is a charming combination and an unreasonably expensive. In medium size the coat shown here requires 2 1/2 yards 54-inch or 3 1/2 yards 36-inch material. The back of the design extends over the shoulders forming a yoke effect. If it is desired not to have the revers, the coat may be finished in high effect at the neck, with turn-down collar. The fulness about the waistline may be gathered or smocked, and a half-belt of velvet added.

The back of the coat is laid on a lengthwise fold of material, thus avoiding a seam. The collar is placed to the right. The front, sleeves and underfacing are placed on a lengthwise thread. If the silk is only 36 inches wide, it will be necessary to cut the model from an open width of material, two widths being used at a time, laid right sides facing, so that section will be cut in duplicate.

Cape effects are so much in demand this season that the trimming has been provided in this instance. There is practically no difference in the placing of the pattern sections, except that the capes are laid on a lengthwise fold with the back and collar.

A coat of this design is charming fashioned of light colored silk with capes of organdy, of chiffon cloths. For party wear or gala occasions nothing is daintier for the miss of



Makes unusually pretty summer coats fourteen years or under.

These Home Dressmaking articles are prepared especially for this newspaper from the very latest styles by The Pictorial Review.

LAURA JEAN LIBBY'S DAILY TALKS ON

HEART TOPICS

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VICE AND VIRTUE.

"Vice is a monster of so frightful mien,
To be hated needs but to be seen;
Yet seen too oft, familiar with its face,
We first endure, then pity, then embrace."

There is always sorrow in my heart, never scorn, when I hear of a young man in years who has erred and never been enabled to find her way back from the primrose path she entered to the rugged, straight and narrow way the good are treading.

Those who do not know the history of that poor heart that sinned and suffered, the struggles and temptations she passed through, the pressure of want, the falsity of those whom she trusted, the shipwreck of her affections should not judge her unheard. The problem of the working girl whose path is beset by dangers little dreamed of by the majority of women offers a grave situation for readjustment. The women who employ young, innocent, inexperienced girls in their households should have their attention called to the grave error on their part of leaving such girls in their homes unprotected while they go off summering. "We are keeping the house open for my son," one woman will complacently tell another, adding: "Annie will have scarcely anything to do except cook for him and keep his room in order. He may bring home a young friend to pass a few days with him now and then, but the young men are scarcely any trouble. Annie may thank her stars that I do not close up the house, which would oblige her to secure another place during the summer."

It would be a thousand times better for many an Annie if they sought new places rather than remain under such conditions, especially if she has beauty combined with innocence and an all-too-trustful nature. Many a youth is an angel for all that his folks know concerning him, a model young man in the home under parental eyes, but quite a different person among those of his kind, will all restraint removed. Left to his own devices, many a son of a good family commences the disfiguring of a pit for his own feet quite as soon as mother and father have turned their backs on home. With hilarious companions, he starts in to have a good time. His comment on the good looks of Annie—the redness of her cheeks, the brightness of her eyes and trimness of her figure.

If young master and his guests choose to have a little lunch, Annie must be there to prepare it for them. Annie is praised for her cake, flattered by attention. An intimacy, hitherto unthought of, springs up. There are no fellow workers about with whom Annie may take counsel, no older woman to warn her to beware, take care.

The mother is the last one to whom Annie can tell the story of misadventure when she returns. The suggestion to his mother that he would advise Annie's being turned off—he is sure she has formed the drink habit. The girl is promptly discharged. She goes from bed to work, and the mother is it? The mother would not have left one of her own daughters in peril from close association with wild young men, alone, unprotected, yet she took no pains to safeguard another girl just as young and innocent as that one.

All young men are not wolves in sheep's clothing, seeking whom they may devour; probably not one in five hundred is not all that he should be, but it is difficult to catch what one from the many. Therefore all innocent girls should be safeguarded from dangers that menace them even at home.

MISS LIBBY'S REPLIES
TO YOUR LETTERS

Miss Libby's answers to your letters. Correct name and address must be given to insure attention. Initials printed. Write short letters on one side of paper only. Use ink. Personal letters cannot be answered. Address Miss Laura Jean Libby, No. 946 President St., Brooklyn, N. Y.

FORGET, FORGIVE, START
A NEW WEDDED LIFE

F. A. R. writes: "I am a young man of 23. Married to a girl of 18. Seems she loved me. We're two months wed. Cannot agree. She kept twitting me of her old sweetheart—how he took her out and bought everything. One day she said, 'Let's go on a trip.' She brought me to town this fellow was in. Before leaving, I told her if she went anywhere with him I'd leave her. We lived at her sister's. Fellow came finding my wife there. She went out. They talked. I walked out. Came back that evening. Reminded her of what I said. She retorted, 'Think I am not to speak to him?' Replied it wasn't right. 'I go home tomorrow.' She said good-bye! Asked her to come with me. 'No,' she snapped. 'Won't leave sister.' She refused to go home-keeping. Her mother fussed. Made trouble. Did she treat me right? Loving her, am I to get her back?"
Trouble of this kind is pitiful. Should

be avoided. Forget, forgive, renew love and start a new wedded life.

KEEP UP GOOD HEART

A. E. writes: "I am a quiet girl of 22. Kept company with a man same age. He left his home and enlisted in the army West. Still he manages to write to me. I may have his regard, but he is tardy writing. Waited for letter from him. In jolly, short missive he sent me his picture. My letter in turn contained my little photo. Expect we'll marry when he comes back. Enlisting for three years, he has served eighteen months. Still has some time to serve and think constantly of me. Please advise what to do."

Keep up heart, come what may. Duties, many of them, discourage his writing often. Few books often are acceptable to the lonely. Longest days come to an end to those who wait.

NOTHING TO WORRY ABOUT.

M. H. writes: "I am a German girl of twenty-three. Kept company few months. Sister and her husband object to my seeing fiance, although he was of good parents in Italy. Mamma and papa are satisfied. He is nice. We love dearly. Met at his trading place. This is not flirting, I trust. Hope to be told what to do soon."

Young man is honorable, you say. Then others should not interfere. Have a heart-to-heart talk with sister. All will end well for you both.

TODAY'S POEM

OUR MEN.

Our men, they are our stronghold,
Our bastioned wall unscathed,
Who, against hate and wrong, hold
This realm that never quailed;
Who bear the noblest burden
Life lays on shoulders broad;
Asking not fame, or guerdon;
Asking not gold, or land.

They go where England speeds them;
They laugh and jest at fate;
They go where England needs them,
And dream not they are great.
And oft, 'mid smoke and smother,
By blinding warstorm fanned,
Sons of our mighty Mother,
They fall that she may stand.

Our sailors save when sleeping
The light sleep of the sea,
Their ancient watch are keeping,
Mother, for thine and thee.
They guard thy maiden daughters
From worse than death or pain—
The men who man the main.

When navies meet and wrestle,
And their vast arms strike home—
"Vessels with monstrous vessel
Matched on the famelike foam."
What fleet returns in glory?
What fleet makes haste to fly?
O sea, that knowest our glory,
Thou, thou canst best reply!

Then hail to all who gave us
Their might of arm and soul,
Hot and athirst to save us,
To heal and keep us whole.
Whether they serve where yonder
Far burrowing trenches run,
Or where, where the ocean thunder
Peals with the thundering gun!

—William Watson.

HUCKLEBERRY DAYS.

"Huckleberry days" will soon begin in those sections where the numerous varieties of the genus Vaccinium flourish.

These plants grow in many parts of the United States and Canada, and the fruit, ranging in size from that of a small pea to that of a grape, are variously known as the huckleberry, whortleberry, bilberry, blueberry, cowberry and mountain cranberry. Perhaps the most delicious of all is the latter, which grows in northern Canada. In Rhode Island and other sections of New England huckleberry time is eagerly looked forward to by many men, women and children, who earn from two to four dollars a day. Many mill workers and farmers desert their ordinary labors during the huckleberry season. The Rhode Island huckleberries are an uncultivated crop and give value to what would otherwise be waste land. Until recent years the bushes were free to all comers, but of late the owners of such property have reserved it for their own pickers or charged a commission. The best huckleberry pickers are girls, for their fingers are defter. Huckleberry picking is an art for the novice will rub the blue color off the skins in picking and the value of the berries is thus considerably reduced. To command a good price in the city markets the berries must needs appear as if they had just come from the bushes, and only those expert if the art can pick huckleberries in such a way as not to deprive them of any of their freshness.

A WONDERFUL COW.

(Ironton, Ohio, Register.)
Harry Mann of Covel bought a cow and is now supplying his neighbors with butter and fresh eggs.

French Modiste Uses
Shoe Button Trimming

THE ULTRA MARK

None but a French woman could have so piquantly used brownish pearl shoe buttons parading from throat to toe tips in this costume. The fabric is brown taffeta contrasted with buff, the buttons being applied in picturesque effect.

LITTLE BENNY'S
NOTEBOOK

(By Lee Pope)

Pop was eating his pie with a fork today, and I said, Pop.

Do I hear the angels calling? sed Pop.

Me and Puds Simkins and Sam Cawwas was to give a vawdevill show for charity, I sed.

I'm pleased to hear it, sed pop, the greatest of these is charity, as the theek remarked. When he kept the dime out of the blind mans cup and put back the pennies.

And we want to know if we can hold it up in our setting room, I sed.

O, that's a Ford of another color, sed pop.

Can we, I sed.

Wat kind of a show is it going to be, sed pop.

Jest a regular vawdevill show, I sed, me and Puds and Sam is going to give a minstrel show with jest 2 end men and a middle man, on we all want to be end men, so maybe we will haff to have 3 end men and no middle man, and Puds is going to do sum sille of hand magic tricks, and Sam is going to do a ventiloquism act, and im going to do ackerbackt feet.

Well, it sounds mild enuff, all but the ackerbackt feet, sed pop.

Yes, sir, can we have it in our setting room, I sed, its for the benefit of the Vacation Fund.

Well, I dont want to diskurridge your charitable tendensies, but I dont quite like the idee o a fa mob of kids in full pizessons of our perfectly good setting room, maybe they'll take home the chares for soveners, or sumthing sed pop, wat is this particler charity that is to be the beneshiary.

Yes, that expresses it we giving the show for, I sed.

Do you mean wat we are giving the show for, I sed.

Yes, that expresses it, I sed pop, wat is this Vacation Fund.

Its a fund for me and Puds and Sam to have money for vacation, I sed.

Im afraid not, sed pop.

Sir? I sed.

Its true that charity begins at home but not necessarily in our setting room sed pop.

So we are going to give the vawdevill show for the benet of the Vacation Fund in Puds Simkinses back yard.

DO YOU KNOW THAT

It's worry, not work, which shortens life?

A cold bath every morning is the best complexion remedy?

Poor health is expensive?

The U. S. Public Health Service has reduced malaria 60 per cent. in some localities?

The death rate from typhoid fever in the United States has been cut in half since 1907?

Pneumonia kills over 120,000 Americans each year?

Flyless town has few funerals?

The well that drains the cesspool is the cup of death?

HOME HEALTH CLUB

Emergencies: One of the most valuable courses of training that has ever, so far as I can learn, been given to boys and young men, is the emergency training of the Boy Scouts.

On June 2, I saw two of my young sons, marched through the streets of Chicago with the other 130,000 people that made up the great Preparedness Parade. There were estimated to be over a million people merely as on-lookers. Naturally in such a crowd numerous accidents are expected to happen. In preparation for such troubles the Boy Scouts were stationed at various points along the line of march. Naturally a boy wants to be on the move, in the parade, here and there, everywhere, to see and be seen, but those sturdy little fellows stood manfully at the post of duty, ready and able to render efficient aid at the first sign of trouble. Fortunately there were very few calls for their services. Traffic of all kinds ceased within what is known in Chicago as "Loop District" for over 12 hours. The only vehicles of any kind were the U. S. mail wagons and the ambulance corps.

For the first time in their lives and the life of Chicago, the boys that were born and have lived here always, walked through the various streets without the risk of being run down. There was a serious and thoughtful expression on the faces of the people in that vast throng. The grim determination of our ancestors shown forth and the same loyal devotion to the flag of Our Country appeared to be as much a part of the foreign born as the native born citizens. All were ready to lay down their lives if need be for "Sweet Land of Liberty," but they wanted those in authority to enable them to be ready for the emergency if it should arise.

The people throughout the entire country appear to be a unit for preparedness, not a unit for war, but for peace and they believe that peace can best be maintained by being ready for any emergency.

The individual as well as the nation must be ready for emergencies and unless he is prepared he is quite likely to suffer. From the Home Health Club standpoint every man, woman and child should be taught the first rudiments of emergency requirements in both accidents and sickness. A first aid outfit consisting of bandages, antiseptic ointment, antiseptic dressing, a tourniquet and a few other obvious articles such as surgeon's plaster, lotions for burns, etc., should be in every household. The Home Health Club books should also be there for ready reference and if studied by all the family, someone will know what to do and how to do it.

CLUB NOTES.

I will gladly answer all inquiries for information on health subjects from readers of this publication. Write to me at the Home Health Club, 5039 Cottage Grove Ave., Chicago, Ill. Send full name and address with 4 cents postage.

Dear Doctor:—I am asking your advice about my mother again. The tissue food is all used up. Shall I get more? Her knees are still swelled and so stiff that she can hardly bend them and there are big lumps on the inside of each knee. She wakes up at midnight and then she can't get back to sleep for the pain in her knees. Her neck bothers her and the knuckles on her hands are swelled and I am afraid that her hands will be deformed. She took some cream of tartar but it made her sick at the stomach. She has lost some of her weight. I do not know how much, but her clothes are getting too big for her. The urine is much clearer. Now, what can I do for her to take away the swelling? Is it dangerous to put on cold water? I have not cared to try it. I rubbed on some of the liniment that you wrote about in a lecture but I am so afraid of making her knees stiffer that I forgot to mention that the tips of her fingers are cold some of the time.

J. M.
Answer.—In some respects your mother seems to have improved since you last wrote me, but in others her condition is more complicated. The rheumatic trouble is now of a more chronic character, demonstrated by such symptoms as swelling and stiffness of the knees and other joints. Deformity often takes place in such cases and the main purpose with the treatment I suggested to you a short time ago is to prevent such deformities from taking place. It would have been accomplished quite easily if the necessary treatment had been given her when the trouble first started. Now, there is some uncertainty regarding the matter. The fact that she has been able to reduce her weight somewhat demonstrates that the treatment is having effect, but often that is insufficient.

Chronic rheumatism or Arthritis as it is also called, is rarely cured except after middle life and it often follows acute rheumatism, as in your mother's case. The pains are experienced mostly during storms or there may be frequent attacks of 5 or 6 days duration, sometimes the pains may be almost constant. There is nothing that is certain to prevent further development of the disease, but the treatment already suggested will undoubtedly prove as helpful as anything she could try. The buttermilk diet has been of great assistance in many cases and she should keep it up. A plain and nourishing diet otherwise, as well as an abundance of water and dry and hygienic surroundings, are beneficial. Vapor baths once a week are excellent. Do not place cold applications on the points. They will then become more stiff. Rubbing the affected parts with the herb ointment or with skunk oil or cocoa-nut oil, containing a little oil of lobelia and origanum will be found useful. Her bow-

els must be kept open and the activity of the kidneys maintained. Lithia water can be used to great advantage. The kidneys may be aided by doses of ten drops of dwarf elder, given in water every six hours. Pokeberries, American sarsaparilla and prickly ash have all been found very useful in cases of chronic rheumatism. These herbs are fully described in Vol. 5 of the Home Health Club books, which I am sure you would find very useful. You would also be wise to let her continue with the tissue foods for some time longer. As I have before stated her teeth must be properly attended to by a dentist. Possibly Pyorrhea is present and if so should be treated. Her tonsils may also need attention. Be sure to tell about that in your next report.

CORNER FOR COOKS

Lemon Sponge Cake.

Beat to a light cream the yolks of five eggs and one one-half cups of powdered sugar, add the juice and grated rind of half a lemon, then add the stiffly beaten whites alternately with one cup of bread flour sifted with one-fourth teaspoon of salt. Bake about 45 minutes in a slow oven.

Kisses.

Beat the whites of five eggs until stiff, add a teaspoonful of vanilla. Drop on a tin and bake in a moderate oven. These cakes may be slit on the side and filled with whipped cream or any desired filling, making a most dainty cake.

Cottage Pudding.

One heaping pint of flour, half a cupful of sugar, one cupful of milk, one teaspoonful of soda, dissolved in the milk, one teaspoonful of butter, two teaspoonfuls of cream of tartar, rubbed dry in the flour; flavor with nutmeg; bake in moderate oven; cut in slices and serve warm with wine or brandy sauce, or sweet sugar sauce.

Baked Mackerel.

Split the fish, clean and remove the head and tail. Put in a buttered dripping pan, sprinkle with salt and pepper and dot over with butter (allowing one tablespoon to a medium-sized fish) and pour over two-third cup of milk. Bake 25 minutes in a hot oven.

Washington Lemon Pie.

Two eggs beaten very light, one cup sugar, one tablespoon melted butter, 1-2 cup milk, 1-2 cups flour, one teaspoon cream of tartar, 1-2 teaspoon soda level. Sift flour, soda, cream of tartar together, add last. Bake in two tins. Filling: One cup of sugar mixed with two tablespoons of flour, grated rind and juice of one lemon, one egg beaten light, one cup of hot water. Cook until thick; When cold spread between two cakes.

Strawberry Pudding.

Beat three eggs without separating until light; add one pint of milk; sift in three and a half cups of flour, and beat until perfectly smooth. Add one tablespoon of butter melted, one-half teaspoon of salt and four teaspoons of baking powder, then add one pint of hulled strawberries, dredged with flour. Turn the pudding into a greased mold, cover tightly, stand it in boiling water and boil continuously for three hours. Serve with hard and liquid sauce.

Ginger Beer.

Peel four lemons and press out the juice; squeeze it and put the peel with 3-4 ounces of bruised ginger root, two ounces of cream of tartar and five pounds of loaf sugar. Pour over all six gallons of boiling water, and allow to stand, cover, over night. In the morning pour off and put into other, leaving sediment. Let stand another 24 hours and bottle, tying down cork of each bottle. In three or four days the beer will be fit for use.

Quantity may be increased at pleasure by doubling ingredients.

Banana and Celery Salad.

Chill celery heart and very ripe bananas; slice this crosswise mingling the rounds well. Pile on lettuce leaves and cover with French dressing, into which finely grated cheese has been sparingly stirred. This dressing, with cheese, is fine for romaine or cooked vegetable.

Home Made Chop Suey.

Two chicken livers, two chicken gizzards, one-half pound of pork, one-half pound of veal, two stalks of celery, six good sized onions, four tablespoonfuls of olive oil, two tablespoonfuls of vinegar, one-half cupful of water, one-half teaspoonful of salt, pepper and paprika to taste and one teaspoonful of soy sauce. Chop the livers, gizzards, pork, veal, celery and onions, then add the olive oil, vinegar and water and cook from one and one-half hours to two hours, adding the seasonings when nearly done. The soy sauce can be obtained from any Chinese restaurant, but can be dispensed with.

Icing That Will Keep Soft.

Add a pinch of baking powder to the whites of the eggs that you are going to use in your white frosting for cakes. Do this before beating them. Then pour the boiling hot syrup over the beaten whites in the usual way and your icing will not get hard.

People who were disappointed on not getting a college degree may feel somewhat reconciled out in the country on seeing a Master of Arts trying to milk a cow on the wrong side.

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